# Blackheath & Bromley Courier



April 2020.

President 2020-21. Nic Corry

Editor. Pat Calnan (p.calnan@btinternet.com)

In our 150<sup>th</sup> year the Courier has included snippets of our History across a number of decades. The intention was to add interest and to perhaps reflect on some of the reasons why we have enjoyed an existence of a Century and a half. We survived two World Wars, and the Club Gazette, which appeared every couple of months, was an important way of keeping the Club together, sent around the World to those in the forces and those in Prisoner of War camps.

To reach the end of our 150 year celebrations and find our activities similarly challenged has taken us all by surprise but the spirit that has kept us together in the past will no doubt shine through again and sustain us until a return to normality. However, I don't think we will be sending boxes of fags to those who are self isolating.

In the wake of the arrival of the coronavirus all Athletics events are off until the end of May at least, the YDL and English Schools are cancelled. The new National Athletics League for Seniors has cancelled the first round of matches and postponed the second round with the hope of it taking place in September. The problem the Sport has is that it is so dependent on people over the age of 70 who are supposed to stay indoors for three months and that was from the 22<sup>nd</sup> of March. European Athletics probably picked the right year not to organise the European Champions Club Cup for Juniors. On top of that Athletics Weekly is not publishing for the time being.

Vice President Roy Smith has now recovered from the virus but was quite unwell for a couple of days. Stan Ridgewell and wife Liz have had an extended cruise and have just returned home safely. Perhaps they will be able to give a talk at the Clubhouse on their experiences when we have the all clear.

But it is not all doom and gloom, the Eurovision Song Contest has met its Waterloo and been cancelled.

More importantly, although the Clubhouse is shut, our new President Nic Corry is giving a weekly news update on the Club's Facebook page at 8pm each Wednesday. Over a hundred attended online last Wednesday (1<sup>st</sup> of April). It is a wonderful way of bringing members together from across the globe.

Tim Ayres is setting up quizes on "sporcle". The quiz below is included in this edition of the Courier.

https://www.sporcle.com/games/Timario/bb-at-the-european-under-23-track-and-field-

champs?fbclid=IwAR3jHgTGheN8rZfFQvBfm-oRQUA4zJyzZjYBwFrQ7QBsuaxx2XtgWUyu0VI

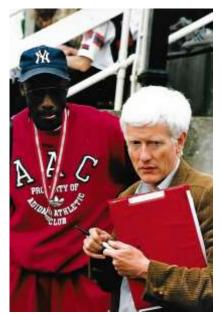
The Club are entered in a virtual National road relay,

Richard Holt has set up the Living Room challenge at https://www.momentumsports.co.uk/TrLivingRoomAthletics.asp Meanwhile with the event cancelled at Aintree, Ken Daniel and Mike Skinner have entered the virtual Grand National.





### **Rest In Peace**



Sadly three of our oldest members have died recently. Tony Hayday, Derek Hogg and Ed Malone all joined in 1946. The Club has also lost a great friend in the passing of Pete Mulholland of Hercules Wimbledon. He used to work for Athletics Weekly and interviewed many of our athletes over the years. He is pictured with Ezra Clarke, former junior team captain.

## **Club 150 Celebrations**

**Club 150 Leaderboard** – Full details and latest standing are on the Club website. "A year long running challenge to get all members to run an officially timed mile". The final mile at Norman Park had to be postponed because of the Coronavirus. The event has been extended to include at least one more race. Details to follow.

Work continues on an update of the Club History to cover the period from 1989 to the present. The intention is to include historical details on Bromley AC and its time as Bromley Ladies, Wigmore Ladies and Wigmore Harriers. If anyone has any old results, newspaper cuttings, Club newsletters, paperwork anything please get in touch. This is not just for the History but also for the Club archives.

## There are currently no forthcoming fixtures or social events due to the coronavirus.

Quiz. (Answers next month)

B&B at the European Under 23 Track and Field Championships.

1. Which Club member won the mens 200 metres at the inaugural Championships in 1997.

- 2. Who is the only Club member to have competed in a mens field event?
- 3. The Club has only ever had one female medallist at these championships. Name her and the event.
- 4. Who competed twice at these Championships and is now ranked second on the UK all time list for their event?
- 5. The Club has had three winners of the mens 100 metres. Name them.
- 6. Name the two Club members who competed at these Championships in 2019.

7. Which future Olympian competed at the 2005 Championships?

8. Three Club members have won gold medals as part of the mens 4x100 teams. (Only one of them is an answer to questions 1 and 5). Name them.

9. Who is the only Club member to have won two individual medals at these Championships?

10. How many first claim members have competed at these Championships since 1997?

### Results

## 29/2/20

**Oxford Uni v Cambridge Uni Field Events and Relays Inter Varsity Match, Lee Valley.** Men. 60. R2. 2. Chizute Ogbedeh 7.27. Women. 60. R1. 2. Magda Cienciala 8.25. R2. 2. Mary Adeniji 8.24. LJ. 1. Mary Adeniji 5.55, 4. Magda Cienciala 4.98. TJ. 1. Mary Adeniji 11.42.

## 1/3/20

**Vitality Big Half Marathon, Greenwich.** 37. Ross Braden 67.51, 1334. Damian Hayes 89.57, 1458. Steve Evenden 91.12, 1534. Paul Kerekgyarto 91.58, 2164. Jane Bradshaw 96.23, 2216. Richard Byford 96.42, 2406. Mike Simms 97.49, 4241. Luigi Arcuri 1.46.27, 4374. Barry Wetherilt 1.47.03, 6979. Gerry Alger 1.56.45, 8078. Donelle Yapp 2.00.34. 11843. Tim Ayres 2.18.43.

**EA 10km walk Championships (inc Molly Barnett), Coventry**. Under 17 Women. (5km). 5. Abigail Smith 29.55. Under 15 Boys. (3km). 2. Jonathan Ellerton 19.49. Under 15 Girls. (3km). 4. Carla Forsyth 18.43.

Frank Harmer 10km, Brockwell Park. 13. Ian Scott (M40) 41.16.

England Masters Inter Area Match, Lee Valley. W60. 200. 2. Helen Godsell (W65) 32.08. 400. 1. Helen Godsell 73.99.

Windsor, Slough Eton & Hounslow Open. 60H. U20M. 2. Rico Cottell 8.24. U15G. 1. Daisy Snell 9.85. LJ. U15G. 2. Daisy Snell 4.82. SP. U15G. 9. Daisy Snell 9.19.

Sutcliffe 60s. Men. R1. R8. 2. Jadon Ekpo (U15) 7.99. R9. 1. Ben Platt (U17) 7.90, 5. Makai Sabido Rooney (U13) 8.45. R11. 3. David Ikuesan (U13) 8.62 R12. 6. Charlie Platt (U13) 9.36. R2. R8. 3. Ben Platt 7.80, 5. David Ikuesan 7.94. R9. 3. Jadon Ekpo 8.04. R10. 4. Makai Sabido Rooney 8.48. R11. 2. David Ekuesan 8.58. R12. 6. Charlie Platt 9.93. Women. R1. R3. 5. Nina Whitter (U15) 8.51. R5. 4. Holly Platt (U20) 8.60. R2. R4. 3. Nina Whitter 8.42. R5. Holly Platt 8.71. 4/3/20

Newham & Essex Beagles Open. Men. R1. R2. 2. Duayne Bovell 7.09. R4. 1. Toby Olubi 7.11. R2. R2. 3. Duayne Bovell 7.08, 6. Toby Olubi 7.18. Women. R1. R1. 6. Iris Orogun 8.15. R2. R2. 4. Iris Orogun 8.22. 7/3/20

**CAU Inter County Championships inc British Athletics Cross Challenge, Loughborough. Senior Men.** 11. Charlie Davis 39.41, 107. James Habergham 43.01. Under 17 Men. 22. Oliver Bright 22.01. Under 17 Women. 22. Ailbhe Barnes 22.44, 55. Zoe White 23.38, 87. Anwen Thomas 24.13, 88. Isabelle Stoneham 24.14. Under 15 Girls. 37. Lara Mannes 18.04, 75. Hannah Clark 18.45, 124. Carys Firth 19.23, 140. Lily Meers 19.35. Under 13 Boys. 13. Joshua Healey 13.51, 24. Alexander Middleton 14.03. Under 13 Girls. 47. Megan Slattery 15.25, 69. Francesca Middleton 15.38.

100<sup>th</sup> Mob Match v Ranelagh Harriers, Richmond. 4. Rob Donohue 44.47, 7. Dan Kennedy 46.20, 18. Jon Vintner 50.20, 20. Roger Beswick 50.48, 23. Ian Scott 52.40, 24. Paul Sharpe 54.22, 25. Damian Hayes 54.51, 31. Richard Byford 56.36, 32. Steve Pairman 57.11, 35. Jane Bradshaw 57.40 (1<sup>st</sup> woman), 50. Paul Ross Davies 1.01.36, 52. Adrian Stocks 1.01.56, 56. Mark Ellison 1.02.28, 58. Luigi Arcuri 1.03.40, 60. John Leeson 1.05.04, 62. Barry Wetherilt 1.05.17, 63. Jason Short 1.05.33, 66. John Turner 1.06.30, 68. Chris Pike 1.08.06, 77. Faye Scott 1.11.14, 78. Jim Phelan 1.11.35, 91. Maz Turner 1.27.00.
Match, (scoring 19 a side). 1. Ranelagh 230, 2. Blackheath & Bromley 744. Bennett Cup Handicap. 1. Richard Byford 44.06, 2. Maz Turner 44.30, 3. Rob Donohue 44.47. Bennett Cup Leaders after 8 events. 1. John Leeson 178, 2. Mark Ellison 139, 3. Adrian Stocks 136, 4 Barry Wetherilt 130, 5. Steve Pairman 126, 6. David Beadle 121, 7. John Turner 113, 8. Luca Ercolani 98, 9. Ian Scott 96, 10. Roger Beswick 88.

British Masters Championships Winter Throws, Lee Valley. JT. M60.1. Steve Langdon 39.14.

**British Masters Championships, Lee Valley**. W35. PV. 1. Mariette Terisse 3.55. M60. 60. 6. Clem Leon 8.77. Ht1. 1. Clem Leon 8.73. 200. 4. Clem Leon 29.47. HJ. 2. Clem Leon 1.30. LJ. 4. Clem Leon 4.08. TJ. 1. Clem Leon 9.62. W65. 200. 1. Helen Godsell 31.73. M70. 3000W. 3. Roger Michell 18.06.56.

Loughborough Throws Open. HT. 6. Ben Hawkes 65.82.

RunThrough Victoria Park Half Marathon. 30. Tony Crowder 82.08 (82.07)

Parkruns. Wimbledon Common. 35 Tola Pearse 23.03. Bromley. 14 Ted Marston 18.24, 24 Clayton Aves 19.00, 71 Adrian Perry 21.17, 91 Mark Williams 21.37. Beckenham Place park. 21 James Unwin 22.07, 34 Rod Harrington 23.01, 88 William Slack 26.37. Norwich. 6 Prince Reid 17.54. Crystal Palace. 233 Sally Smith 27.41. Lloyd park. 20 Andy Tucker 24.27. Hoblingwell. 13 Nigel Haffenden 26.40. Windy Nook. 28 Mick Keene 32.05. Dulwich. 16 Martin Richardson 16.37, 66 Gabriella Martin 19.34, 215 James Morris 23.56. Crane Park. 152 James Perry 28.19. Orpington. Jessica Keene 20.59, 113 Karen Desborough 35.28. Fulham Palace. 37 India Blakey 19.36, 68 Cristina Gilodi-Johnson 20.31. Penrose. 12 Darren Corneille 20.01. Exmouth. 104 Bob Minting 24.04. Foots Cray Meadows. 11 Sofia-Plum Maher 24.06 (1st woman), 55 Andrew Kingsmell 59.43, 56 Zoe Kingsmell 59.44. Littlehampton Prom. 20 Robert Brown 22.16. Kingdom. 100 Anne Cilia 30.14. Bethlem Royal Hospital. 6 Ian Montgomery 24.48, 7 Iain Swatton 25.07, 8 Mike Simms 26.09, 22 Jackie Montgomery 32.17.

8/3/20

Lydd Half Marathon. 14. Tony Crowder 86.05 (86.04), 40. Marc Knowles 1.40.04 (99.52), 72. Austin Adams 1.46.37 (1.45.47).

Vault Cardiff. Pool K. 7. Lois Warden 3.42.

14/3/20

**English Schools Cross Country Championships, Sefton Park. Senior Boys.** 33. Oliver Bright 22.13, 171. Joel Rooney 23.54. **Senior Girls**. 30. Ava White 17.10, 39. Zoe White 17.18, 131. Amy Miller 18.35, 161. Jess Neal 19.06, 171. Ellie Osmond 19.16 **Inter Boys**. 46. Tom Brash 19.25. **Inter Girls**. 24. Lara Mannes 13.12, 51. Hannah Clark 13.31, 61. Ailbhe Barnes 13.37, 114. Isabelle Stoneham 14.03, 139. Zakia Mossi 14.14, 208. Livvy Berry 14.43. **Junior Boys**. 89. Arthur Starvis 15.56. **Junior Girls**. 139. Carys Firth 12.30, 143. Megan Slattery 12.31, 325. Molly May Mooney – Clarke 13.44.

Woodford Green Throws Fest. Senior Women. Discus. 1. Hannah MacAulay (U20) 38.75. Under 20 Women. Shot. 1. Chimdi Okpalauko 11.71.

**Parkruns. Bromley**. 8 Thomas Sugden 18.09, 25 Ted Marston 19.25, 31 George Shaw 19.34, 38 Maria Salamanca 20.07, 48 Damian Hayes 20.43, 53 Nick Barber 20.51, 62 Austin Adams 21.11, 66 Adrian Perry 21.21, 75 Mark Williams 21.41, 84

James Unwin 22.06, 90 Robert Whyte 22.17, 162 Madeleine Marston 24.14, 201 Stuart Cullum 25.05, 237 Tom Leeson 25.56, 243 John Leeson 26.00, 247 Sally Smith 26.06, 290 Niamh Milmo 27.12, 472 Mick Keene 33.58. **Bexley**. 9 Darren Corneille 20.48. **Grovelands, Enfield**. 44 James Perry 24.33. **Greenwich**. 29 Luciana Smith 22.12. **Maidstone**. 211 Tom Phillips 30.53. **Beckenham Place park**. 3 Clayton Aves 19.15, 84 William Slack 26.22. **Crystal Palace**. 85 Rod Harrington 23.24. **Lymington Woodside**. 13 Andy Tucker 24.27. **Dulwich**. 100 Cristina Gilodi-Johnson 20.52, 168 James Morris 23.33. **Orpington**. 129 Karen Desborough 35.27. **East Grinstead**. 8 Iain Swatton 27.33, 14 Ian Montgomery 29.47. **Shorne Woods**. 5 Steve Pairman 21.35, 80 Julia Pairman 29.57. **Fulham Palace**. 77 Tola Pearse 21.49. **Northala Fields**. 7 Carole Coulon 19.01 (1st woman). **Peckham Rye**. 106 Peter Rogers 25.39, 237 Maz Turner 33.20. **Dartford**. 30 John Turner 24.41. **Lullingstone**. 1 Ben Cockburn 19.31. **Tooting Common**. 131 Gareth Griffin 25.23. **Exmouth**. 91 Bob Minting 24.19. **Catford**. 55 Barry Wetherilt 23.34. **Foots Cray Meadows**. 29 Zoe Kingsmell 29.36, 62 Andrew Kingsmell 57.54. **Bethlem Royal Hospital**. 5 David Beadle 22.43, 14 Mike Simms 24.42.

## 14-15/3/20

Kent Indoor Championships, Lee Valley. Senior Men. 4. Duayne Bovell 7.03. Ht2. 2. Duayne Bovell 7.07. 400. 3. Matthew Knight 51.21. Senior Women. DNS Sophia Harper. Ht1. 3. Sophia Harper 8.59. 200. 3. Louisa Vallins 28.26. Under 20 Men. 60. 2. Myles Xavier 7.14 Ht2. 1. Myles Xavier 7.26. 1500. 1. Ben Gardiner 4.15.19, 2. Callum Myatt 4.15.71. 60H. 1. Rico Cottell 8.30, 2. Pedro Gleadall 8.57. HJ. 1. Pedro Gleadall 1.90. LJ. 1. Myles Xavier 6.46. PV. 1. Pedro Gleadall 4.60, 4. Ethan Kitteridge 3.90. Under 20 Women. 60. 1. Zsiriah Thomas 7.78, 3. Shianna Brock Walters 8.09. 200. 2. Holly Mpassy 25.89, 3. Shianna Brock Walters 27.46. PV. 1. Lois Warden 3.20, 3. Holly Platt 2.70. Under 17 Men. 60. 5. Pablo Seema Roca 7.54. DQ. Zac Nwogwugwu. Ht1. 1. Zac Nwogwugwu 7.18, 3. Pablo Seema Roca 7.57. 200. 1. Zac Nwogwugwu 22.91, 2. Charles Nortey 22.96. Ht1. 2. Zac Nwogwuwu 23.46. Ht2. 1. Charles Nortey 23.16. 400. 2. Pablo Seema Roca 51.17, 4. Matthew Smith 54.06. Ht2. 2. Pablo Seema Roca 53.87, 3. Matthew Smith 54.56. 800. 1. Sam Reardon 2.02.08, 2. Matthew Smith 2.02.29. 1500. 1. Sam Reardon 4.19.09. 60H. 3. Oliver Robertson 8.83. LJ. 1. Jacob Byfield 6.09, 4. Andrew Khazali 5.60. PV. 1. Barnaby Corry 4.10, 4. Ben Platt 3.40. Under 17 Women. 2. Shakanya Osahon 7.96, 3. Tianna Haynes 7.98, 5. Achieng Oneko 8.19. Ht1. 3. Achieng Oneko 8.28, 5. Olivia Gewitzke 8.52. Ht2 1. Tianna Haynes 7.96, 2. Shakanya Osahon 8.01. 200. 1. Tianna Haynes 26.34, 2. Achieng Oneko 26.65. Ht1. 1. Tianna Haynes 26.46. Ht3. 1. Achieng Oneko 26.80. 300. 3. Kelsey Pullin 42.70. 800. 2. Lily Meers 2.23.08, Cameron Kelly Gordon 2.27.41. Ht1. 1. Lily Meers 2.37.41, 4. Emily De Backer 2.43.05. Ht2. 3. Cameron Kelly Gordon 2.26.25. 1500. 1. Hannah Clark 5.00.77. 1000 Walk. 1. Abigail Smith 4.58.36. 60H. 1. Shakanya Osahon 8.85. Ht1. 1. Shakanya Osahon 8.96. Under 15 Boys. 60. Ht2. 5. Marley Byfield 8.39. 200. Ht2. 4. Marley Byfield 27.43. 60H. 3. Rayhan Mourtada 9.60. PV. 1. Oscar Witcombe 3.00, 3. Finn Kitteridge 2.40. Under 15 Girls. 60. 7. Emily Algeo 8.62, Ht2, 2, Emily Algeo 8.55, 4, Elena Duncombe 8.73, 200, 2, Nina Whitter 27.33, Ht2, 1, Nina Whitter 27.08, 300. 1. Faith Mpassy 43.55, 5. Emily Deveney 46.89, 6. Emily Algeo 46.99. Ht1. 1. Faith Mpassy 44.00, 3. Emily Algeo 46.69, 4. Amber Cockburn 48.15. Ht2. 3. Emily Deveney 47.01. 800. 2. Faith Mpassy 2.25.95, 3. Tallulah Ndikanwu 2.28.12, 4. Emily Deveney 2.32.50. 60H. 1. Daisy Snell 9.55, Emily Algeo 9.69. Ht1. 1. Emily Algeo 9.75. Ht2. 1. Daisy Snell 9.67, 5. Amber Cockburn 10.55. HJ. 1. Daisy Snell 1.57, 5. Elena Duncombe 1.40.

Middlesex Indoor Championships, Lee Valley. Under 20 Men. 5. Jak Mensah 7.19. Ht1. 3. Jak Mensah 7.14. 200. 2. Jak Mensah 22.57. Ht1. 1. Jak Mensah 22.85.

## 15/3/20

Milton Keynes Festival Of Running. 10km. 48. Jane Bradshaw 44.08 (44.08).

Victoria Park 10km. 1. Danny Brewer 33.32 (33.31).

Bath Half Marathon. 114. Henry Fisher 77.01 (76.46), 792. Genevieve Allen 96.17 (96.01), 1045. Patrick Archard 1.39.42 (1.39.19), 4399. Steff Fisher 2.12.48 (2.07.29).

**Brentwood Half Marathon**. 21. Tony Crowder 81.10 (81.10), 85. Len Crowder 89.07 (89.01), 374. Sheila Roed 1.44.44 (1.44.30), 881. Lee Bryant 2.01.11 (2.00.57).

Croydon Half Marathon. 138. Angela Powell 1.52.40 (1.52.24).

### 100 years ago in March 1920

"Adie Metcalf tells us he came across R. A. Inglis recently; now very keen on fishing and caught a 7 1/2lb bream at Barnes a short time ago. His piscatorial Club is having same mounted... He is sending a basket of fish to the Editor"

Paralleline of the low on of the Second Kingson	KRAWIRR.	
Fixtures, March & Conterer that Normers Mile Base as (1) Noticed Cose County Championship of Western Coser Plack See Bon of Black Western	The National Cross-Country Championship.	
<ul> <li>Online one Horney Mile House on Olub Photograph, Wile Handling and Ordinary Run. Smaking Concert.</li> </ul>	Winnson, March 13, 1920.	scoring for us 101, 137, 138, 157, 168, respectively, Total, 716 points, Ranelagh H, were 46, 62, 63, 98, 119, 127, Total, 517
WATCH THIS SPACE IN NEXT MONTH'S ISSUE POR DATE OF # Our Reunion Dinner,	No hack   But never mind   We took the field with the following team, and this is at the same time the order of the finishing	They therefore finished their six before we had our third man in. Position, 11th. S.L.H. were 27, 43, 68, 123, 128, 135. Total, 526- Position, 13th. They, too, finishing their sixth man before we had our third in. And that's that I Good luck to them and congratu- lations. We still have the bonour of beating them for next man in the good performance put up by Telfer.
TO BE HELD DURING APRIL.	6 A. H. Atkins 184 7 W. Layfield 200 8 L. A. Liddon 203	At the beginning of the season we had fond hopes of a real class team, to include A. C. Edwards, C. H. Watson, J. C. Walton and J. Turner, include:
Notice. Will avertyhody phone turn up without fail av Satur fay, Marrit 25 for the wind an of Satur and an of . Other Paringeroph, 3 o'clock. . Mile Handhean, 3 o'clock. . Mile Handhean, 3 o'clock. . Ordinary Run also jun. . Grady, 6 o'clock. . Stunking Concert, 7,73 p.m. . M Fine Plasidown are organily reported to be present.	9 J. C. Stevens 212 10 A. D. Thwaites 213 11 E. E. Shelling 213 12 W. R. J. Clarke 223 The positions given include the individual runners, but in scoring for the club these were not counted, so that Telfer's position, for instance, was 15, the others	Teller and Puachey the latter running very plucidly, although crucked, and with all these fit and well we naturally had great expectations. However, for one we shall another the first four were mable to run, and we shall new go on hoping for " better luck next time." Obserse to and good lack and thanks to the team that did form out. Lymbery has stuck to the gruns as Vice- Contain in time Heathers style all through the season despite many disappointments.

## 75 years ago in March 1945.

"Match v Tonbridge School at Tonbridge. One of the best matches this season was the verdict of those who were able to take part in this always enjoyable fixture. Tonbridge packed extremely well in the centre of the field and this finally gave them the race in spite of BH obtaining the first 3 places.... The team were entertained to tea afterwards at the school shop where ices were served, the first many of us had tasted for some years"

"D F Murray writes from a hospital near Cardiff to report he has had his right leg amputated at the knee owing to being badly wounded on the Maas front. He will be a long time in hospital he expects and regrets his running days are over, but he hopes always to remain a member of the Club"

### 50 years ago in March 1970

Tony Wadhams finishes 11<sup>th</sup> in the triple jump at the European Indoor Championships in Vienna with a distance of 51' 5". The Senior Men finish in 9<sup>th</sup> place in the National Cross Championships in Blackpool. They are the third Southern team to finish. Bob Richardson is first home in 32<sup>nd</sup>.

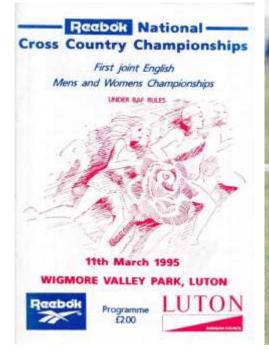
Bob Richardson also wins the Tonbridge 10 in 48.35 with Bob Hawtin 5<sup>th</sup> in 50.33 and Ian Wilson 7<sup>th</sup> in 50.48. Blackheath win the team race.

Over the month the Club also contest the Crawley Road Relay, the Cambridge Harriers Road Relay, and the TVH Relay. The Winter track meeting is moved from Ladywell to Crystal Palace and attracts over 400 competitors from across the South of England and Midlands. There are 19 heats of the 60 metres, which take 70 minutes to complete. "At 6.30pm the timekeepers pressed their watches on the 55<sup>th</sup> track race of the afternoon to conclude the proceedings on our most successful Winter Track Meeting to date"

"With the introduction of metres for all athletic events, all distances shown in the Gazette for both track and field events will be given in metres unless otherwise stated. For approximate conversion one metre can be taken as 3' 3 ½"."

### 25 years ago in March 1995.

The Senior Men retain the National Cross Country title in style at Wigmore Valley Park, Luton. Their winning score of 120 is the lowest winning points score in the race since 1946 when only 239 runners took part. Runners up Bingley's points score of 159 would have won all but two of the previous 30 championships. Not since 1961 have two teams scored under 200 points on the same day, when there were 796 competitors. In 1995 over 2000 runners started the race.





Dave Taylor



National start with Taylor, Baines and Hogston prominent

teams (occurring of 2 parts



Spencer Newport salutes first'heathen home in The National; Dave taylor who finished 6th. Photo Richard Coe

#### ENGLISH NATIONAL CHAMPIONSHIPS

Luton

You know what they say about the buses. You can wait 124 years and then suddenly you win the National twice.

11th Mar 1995

This one went to script from almost a year ago. Firstly a valiant band of Heathens travelled way up to the nether reaches of Tyne and Wear and won the National for the first time in the back yard of one of the big rivals. Helped in no small way by the high position of Morpeth's sixth scorer. Going back this season the team is strenthened by the Fitness of Phil Hogston and the addition of Simon Baines. A more local venue make certain the large gathering of fervent supporters. The opposition



George Gandy, Mick Hamlin and Graham Botley



State of the art washing facilities

likely to come, as last year, from Bingly and Morpeth and the race looking almost certain throughout by the fact that Bingley's fifth man was shadowing our sixth most of the way. Add to this a good afternoon's weather, a few good performances by the younger, dare I suggest 'supporting' races and history was made.



Phil Hogston 312 and Steve Dodd who finished within two seconds of each other in 27th and 28th positions.

Photo Richard Coe

Watling may have seemed a little presumptious to the remaining (sadly) athletics journal but eventually confidence did not become an embarassment. From the gun it was noticeable even to Dave Denton on the mike that the boys in black were out for glory. '... and Blackheath have four in twelve!' he intoned as the field passed the first bend. So they did as the multicoloured cavalcade went past the first bank of mobile Heathen ranks. Dave Taylor, Spencer Newport, Tim Dickinson and Phil Hogston led the black tide, all placed well to the fore. Out into the back of the beginning of the lap out of sight as the mobile supporters moved to their next vantage point and Denton's voice was heard to warble 'David Taylor from Lewis, Duval and Nuttall!!' The cheers rose again and sure enough it was true. The cheers rose again and the familiar cry of 'Blackh-e-a-t-h!' rose above the rest of the mundane cheers.

Taylor's recent road form had made him a real powerhouse in this team, Newport and Dickinson had shown confident form all season and a worry about Hogston starting too fast did occur. Not far back were Simon Baines, Darrell Smith and Steve Dodd. Things had got off to the best possible start. Those who check through the field to tab the progress of the rivals could see that Morpeth had already been dealt with and only Bingley were possible rivals. But we were outpointing them despite the fact that Anderson led our team and Moore was also ahead of us. From there back we were making the positive moves.

On the second lap Duval, Lewis, Robinson and Nuttall led a bit of a breakaway while the likes of Bannister and Tromans also headed our challenge. But in close order we had Taylor, Newport and Dickinson well placed with Hogston holding on in the twenties and Baines and Smith still strong. Steve Dodd, fourth scorer last year was moving through strongly and likely to step into the breach should one of the others falter.

The final lap saw some dramatic changes, but all were for the benefit of Blackheath. Firstly Dave Lewis threw in the towel. Duval broke away and some of the leaders began to feel it and dropped back. This splitting of the field coincided with Taylor and Dickinson getting together in a battle for the Heathen supremacy, their battle took them both up a few places. Steve Dodd surged through the field and became our fourth scorer again.

Spencer Duval won quite convincingly but David Taylor was the runner to catch the Blackheath eye as he won his battle with Dickinson and in the finishing straight he rubbed salt in the wound as he stormed past Bingley's leader Anderson and finished a magnificent 6th. Not too far in arrears was Tim Dickinson in a great ninth place in his first National at the age of 21. He has had a wonderful season to date and this must have been a hell of a prediction a year ago. Spencer Newport finishing 11th for our third man was also a great performance. Eighth a year ago, on what was more his course, he has shown in just a few races that he really is a man for all surfaces. Steve Dodd's act was a touch of Guilder at his best. Moving through all the way he finished 27th for our fourth. Phil Hogston, also in his first National at 21, did not live out our fears and placed 28th to live out his dreams. Simon Baines was a bit disappointed by his 37th but he did make a valuable contribution to a historic winning team with the best team score since 1946. There were less than 300 runners on that day!

Those who shouted themselves hoarse for the cause were justly credited by the team and justly rewarded for their efforts. It was a great performance and a great day for the Club,

That day had started, for some, hours earlier with the National Championships in the younger age groups. In the first race of the day Gemma Viney placed 12th in the Under-13 girls event. Off the leaders from the start she ran a race which saw her progress through the field in that fluent style of hers to eventually finish 16 seconds down on the bronze medal. With another year in the Age group to look forward to, next year could prove even more interesting. The team, 40th last year, moved up to 19th and even provoked another intone from Denton on mike. Even if our leader again had her name mispronounced.



Chris Moss, 13th U17 and first'heathen home at Luton. Photo Richard Coe

Mark Steinle has suffered that fate on times too numerous to recall. But having been around so long even Denton has got it right now. Mark was sixth in a very strong field and was gaining on the leaders on the final lap. His preference seems now to be for the flatter courses and he will relish a return to Newark next year as a member of the Senior Team. Chris Wada had his best run of the season in 33rd. Another fine placing was recorded by Chris Moss to place 13th in the U17 Championship. He also returns to the same race next year and could be the sort of runner to be at home at Newark.

Another fine evening at the clubhouse followed. A fine mix of runners, with almost the entire Senior team and many avid supporters of the cause. Dave Taylor enlivened the evening in drag and George Gandy, thrown in at the deep end that afternoon had to follow in the footsteps left by John Bryant at the Southern supper. Not an easy task. Next year then, a long wait to Newark to see if the dynasty really has begun after a long wait of more than a century. MH

MH



Genuna Viney 12th U13 and first home for Blackheath Girls. Photo Pat Calnan

Sen (14K/43.43) 6 D Taylor 45.13; 9 T Dickinson 45.26; 11 S Newport 45.34; 27 S Dodd 46.27; 28 P Hogston 46.29; 39 S Baines 47.02; 50 DI Smith 47.30; 161 M Watling 49.57; 200 R Smith 50.28; Teums(Scoring 6) 1 BH 120 (retain Frank Wyme

Smith 50.28; Feinm(Scoring 65 1 BH 120 (return Frank wynne Cup)
 U(20) (30.18) 6 M Steinle 30.48; 33 C Wada 32,22; 117 P
 Cuvallo 35.04; 168 J Bradley 37.05; 195 A Knox 38.39; Tm 9
 BH; U17(18.54) J 3 C Mosel 19,37; 200 W Hanter 22.23; 273
 G Griffin 24,24; GU154 0N Shorey; 180 S Palithorpe; 238 N
 Viney; 340 V Johnson; 359 H Thompson; Tm 33 BH; GU13
 L2 G Viney; 101 Z Morrell; 119 K Lucht; 229 H Barker; 318
 Barker; 350 E Kuenstlinger; Tm 19 BH;



Mark Steinle up the front of the Junior Mens race



(Above. Tim Dickinson; Phil Hogston and Spencer Newport; Steve Dodd and Phil Hogston)



Spencer Newport and Simon Baines among the leaders. Darrell Smith, the eagle eyed will spot Douglas Tingey supporting.



Dave Taylor receives the team trophy; M Watling, D Smith, T Dickinson, S Baines, S Dodd, P Hogston, R Smith, S Newport

Mark Steinle is 6th in the Junior race and Chris Moss is 13th in the under 17s.

This is the first time the Mens and Womens Championships have been held together. Gemma Viney is 12th in the under 13 girls race.

The Senior Men win their second National title in a week when the win the Half Marathon Championships at Wilmslow. Bill Foster is first home in second place in 64.46 with Alan Guilder 4th in 66.15, Mark Colpus 11th in 68.30 and Dave Lee 26th in 72.46.

Emeka Udechuku is named 1994 young throws athlete of the year by Athletics Weekly and Reebok Sportswear. He was unbeaten in is age group in 1994 and set a world best for a 14 year old throwing the senior shot. To celebrate he throws a National age best of 15.44 for a 15 year throwing the senior shot. He then represents the South Of England against Ireland and Belgium in Dublin, where he is joined by Bromley Ladies Maureen Barnes who is second in the 400.

Stephen Holmes finishes 8<sup>th</sup> in the Junior Boys race at the English Schools Cross Country Championships at Stoneleigh, Warwickshire.

Former British Athletics Director of coaching Frank Dick accepts honorary membership of the Club.

Dave Taylor wins the Bath Half Marathon in 64.22.

Tim Dickinson wins the Rennes 15km in France.

Blackheath youngsters are overall winners of the Parkwood League.

## 20 years ago in March 2000.

Blackheath Harriers changes its name to Blackheath Harriers Bromley.

"World famous Blackheath Harriers has started the new century by changing its name for the first time in 122 years. At Saturday's Annual General Meeting, the membership voted to rename the Club Blackheath Harriers Bromley.

The change is not revolutionary, but a recognition of the status quo, as the Club has been based in the Bromley area for 80 years, firstly from 1921 in West Wickham, and then from 1926 at Hayes. The Club was formed in 1869 as Peckham Hare And Hounds and changed it's name when it moved to Blackheath in 1878.

The 1990s proved to be the most successful decade in the Club's history with the Senior Men winning the National Cross Country and the National 12 Stage Relays for the first time; the Juniors seven times National Junior Athletic League champions; and eight National Young Athletes Finals won. Numerous athletes have gained international recognition with the highlight being Julian Golding's win in the 200 metres at the 1998 Commonwealth Games.

Despite this success, and the thousands of pounds raised for local charities by the Club's runners in the London Marathon, it has been clear that many in the local community do not know where the Club is situated.

With fewer youngsters involved in sport, and at a time when there are more sports to choose from, it is felt essential to act to consolidate its position as one of the Premier Clubs in the country. The change in the Club's name is intended to boost recruitment, by increasing its profile in the local community and forging stronger links with the local schools.

At the same time it recognises its roots, with the Blackheath Harriers name known throughout the country and the world, and various training bases in the South London area including Catford and Crystal Palace.

"This is a big step forward for the Club, and one which can only aid long term development" said outgoing President Richard Coles. The change was also welcomed by Coles successor, Mike Davies, who has recently given up his post as Athletics Development Officer for Kent. Davies has been involved in the sport for over 50 years as competitor and official and has previously been a member of Liverpool Harriers and Coventry Godiva Harriers. He has also played in the same basketball team as UK Athletics chief executive David Moorcroft.

Speaking of the year ahead, the new President used the initials of his name (M.J.D) to highlight one of the themes of his year in office. ""More Jobs Done" is what the Club needs," he stated referring to the shortage of officials, which is the problem facing all athletics clubs around the country."

Dave Heath is first Briton home in the short course race at the World Cross Country Championships in Vilamoura, Portugal. At the CGU International at Glasgow, Julian Golding is third in the 200 in 21.26. He also runs a split of 46.8 in the 4x400. Mark Steinle wins the Fleet Half Marathon in 64.39.

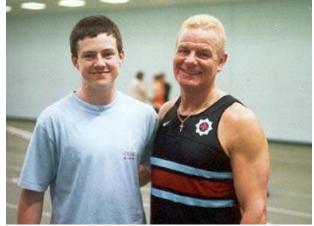
Blackheath win the overall boys and girls trophy at the Parkwood League.

Bill Foster finishes 2<sup>nd</sup> in the National Veterans Cross Country Championships.

Emeka Udechuku wins the shot at the British Universities indoor Championships. Michael Skinner is third in the 800. Roy Smith completes a grand slam winning the Club 10 mile race to add to his victories in the 7.5 and 5 mile championships. Bromley's Helen Godsell sets UK W45 record for the 60 metres of 8.20 at the British Veterans Indoor Championships. Jim Day wins the M65 pole vault and 60 metre hurdles titles. "It wasn't such good news for Gordon Hickey who suffered one of the hazards of veteran athletics. Having already broken the UK record for the over 65s shot recently, he missed out on a National title when he turned up on the wrong day".

### 15 years ago in March 2005

Michael Skinner is the second British athlete to finish at the World Cross Country Championships at St Galmier in France. Mike Davies is selected by the British Athletics Supporters Club to receive the Ron Pickering Coaching Award for 2004. Helen Godsell wins the W50 60 and 200 metre titles at the European Masters Championships in Sweden. She also wins silver in the 400. Allan Williams wins silver in the M50 pole Vault and Jim Day takes bronze in the M70 pole vault. Earlier in the month at the Kent indoor championships Allan breaks the British M50 record with a clearance of 4.10. Scott Huggins breaks the Scottish Under 17 pole vault record with a clearance of 4.03.



Scott and Allan

Emily Godley equals the Club Under record with 2.90. Dave Taylor is 3<sup>rd</sup> in the Silverstone Half Marathon in 66.23 at the age of 41. Anne Cilia is the new Club President taking over from Margaret Baldwin.

## 10 years ago in March 2010

Michael Skinner finishes 65<sup>th</sup> in the World Cross Country Championships at Bydgoszcz, Poland. Scott Overall represents Great Britain at the World Indoor Championships in Doha. Dave Heath wins the Masters race at the French Cross Country Championships. Bill Foster is 1<sup>st</sup> in the M50 3000 metres at the World Masters Indoor Championships at Kamloops inn Canada. Amy Godsell wins the 200 metres at the British Universities Indoor Championships and also wins bronze in the 60 metres. Pamela Hughes wins the high jump, Serita Solomon is 2<sup>nd</sup> in the 60 metre hurdles and Emily Martn third in the 200 metres. At the British Masters and Winter Throws Championships, Colin Brand wins both the M70 discus and javelin titles. Allan Williams wins the M55 pole vault and Peter Hannell the M65 3000 walk. Richard Coe succeeds Alison Brand as President.



A young Helen Godsell as part of a Wigmore Ladies relay team